



Annunciation of the Blessed Virgin Mary
Ukrainian Catholic Church
(St. Mary's)

6719 Token Valley Road
Manassas, VA 20112
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Reverend Alexander Dumenko — Pastor (301) – 421 – 1739

Sunday Divine Liturgies: 8:30 a.m.

Holy Days as scheduled in the Bulletin

DIVINE LITURGY SCHEDULE

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Sunday, March 08, 2026 3rd Sunday of Lent – Veneration of the Holy Cross

8:00 AM – Confession 8:30AM - For God's Blessings and the health on our Parishioners & in particular for the intentions of the Matwiec family from Martha Stine

SOROKOUSTY (LENTEN PRAYER FOR DECEASED)

Sunday, March 15, 2026 4th Sunday of Lent

8:00 AM – Confession 8:30AM - For God's Blessings and the health on our Parishioners & in particular for the intentions of Donna Hazen family from Martha Stine

SOROKOUSTY (LENTEN PRAYER FOR DECEASED)

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OFFERINGS: Collection: February 22, 2026 - \$990; March 1, 2026 - \$1,375!

Sincere thanks to all for your kindness and generosity to our Holy Church!

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THIRD SUNDAY OF THE GREAT LENT (Veneration of the Holy Cross)

Before Liturgy: Procession with the exposition of the Holy Cross on the Tetrapod. We sing three times with the priest the troparion: Save Your people, O Lord... (check the bulletin troparion below). After the exposition of the Cross, we sing three times with the priest: To Your Cross o Master, we bow in veneration, and we glorify Your Holy Resurrection (with prostrations). This song we also sing at Liturgy instead of Holy God)

Troparion and Kontakion: Troparion (6): Angelic powers were upon Your tomb and the guards became like dead men; Mary stood before Your tomb seeking Your most pure body. You captured Hades without being overcome by it. You met the Virgin and

granted life. O Lord risen from the dead, glory be to You!

Troparion (1): Save Your people, O Lord, and bless Your inheritance; grant victory to Your Church over her enemies and protect Your people by Your cross.

Glory be to the Father, and to the Son, and to the Holy Spirit, Now and for ever and ever: Amen.

Kontakion (7): No longer does the flaming sword guard the gates of Eden; for on them one finds the most glorious seal, the tree of the Cross. By it the sorrow of death and the victory of the Abyss have been conquered. For You, O my Savior, stood and called out to those in the Abyss: Enter again into paradise.

Prokimenon: Prokimenon (6): Save Your people, O Lord, and bless Your inheritance. Verse: To You, O Lord, I call; my God be not deaf to me.

Prokimenon (6): Save Your people, O Lord, and bless Your inheritance.

Epistle: Reading of the Epistle of St. Paul to the Hebrews (Heb 4:14-5:6) Brethren: Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our

weakness, but one who has similarly been tested in every way, yet without sin. So let us confidently approach the throne of grace to receive mercy and to find grace for timely help. Every high priest is taken from among men and made their representative before God, to offer gifts and sacrifices for sins. He is able to deal patiently with the ignorant and erring, for he himself is beset by weakness and so, for this reason must make sin offerings for himself as well as for the people. No one takes this honor upon himself but only when called by God, just as Aaron was. In the same way, it was not Christ who glorified himself in becoming high priest, but rather the one who said to him: "You are my son; this day I have begotten you"; just as he says in another place: "You are a priest forever according to the order of Melchizedek."

Alleluia Verses: Verse: Remember Your flock whom You built up long ago. Alleluia, Alleluia, Alleluia. Verse: God is our king from time past, the giver of help through all the land. Alleluia, Alleluia, Alleluia.

Gospel: (Mk 8:34-9,1) At that time, Jesus summoned the crowd with his disciples and said to them, "Whoever wishes to come after me must

deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it. What profit is there for one to gain the whole world and forfeit his life? What could one give in exchange for his life? Whoever is ashamed of me and of my words in this faithless and sinful generation, the Son of Man will be ashamed of when he comes in his Father's glory with the holy angels." He also said to them, "Amen, I say to you, there are some standing here who will not taste death until they see that the kingdom of God has come in power."

It is truly right... (Or the Hirmos of the Feast):
In you, O Woman Full of Grace, the angelic choirs and the human race - all creation - rejoices. O Sanctified Temple, Mystical Paradise, and Glory of Virgins! He, Who is our God from before all ages took flesh from you and became a child. He made your womb a throne, and greater than the heavens. In you, O Woman Full of Grace, all creation rejoices. All praise be to you!

Communion Verse: O Lord, let the light of Your countenance shine upon us. Alleluia, Alleluia, Alleluia.

LENTEN RETREAT (MISSION) On Sunday, March 22,



2026, Lenten retreat will be held in our parish for spiritual renewal. Father Vasyl Latchuk and seminarian Vladyslav Stefanyshyn from St. Gabriel Institute in Washington, DC will conduct teachings for the faithful. On

Sunday, March 22nd, the Divine Liturgy, Confession, retreats. Take the opportunity to spiritually renew yourself, deepen your faith, purify your soul in the Holy Mystery of Confession and prepare for the Bright Feast of the Resurrection of Christ.

ВЕЛИКОПІСНІ РЕКОЛЕКЦІЇ

(МІСІЯ) В неділю 22 березня для духовної віднови на нашій парафії відбудуться великопісні науки. Отець Василь Латчук та семінарист



Владислав Стефанишин з Інституту Св. Гавриїла, що у Вашингтоні, ОК, проведуть науки для вірних. В неділю 22 березня - Служба Божа, Сповідь, реколекції. Скористайтесь нагодою, щоб духовно відновитись, поглибити віру, очистити душу в Св. Тайні Сповіді та підготуватись до Світлого празника Воскресіння Христового.



Church Services Schedule for Holy Week & Easter 2026

Розклад Богослужень на Страсний Тиждень та Великдень

Flowery (Palm) Sunday, March 29, 2026;

Квітна Неділя 29 березня 2026

8:30 AM - Divine Liturgy. Blessing of Willow Branches

8:30 Год. Служба Божа. Освячення Вербної Лози.

Good Friday, April 03, 2026; Страсна П'ятниця 03 квітня, 2026

**3:00PM - VESPERS WITH THE EXPOSITION OF THE HOLY
SHROUD**

3:00 Год. ВЕЧІРНЯ З ВИКЛАДЕННЯМ ПЛАЦАНИЦІ

**Saturday, April 04, 2026 EASTER SUNDAY, RESURRECTION
OF OUR LORD – PASCHA**

8:00PM – NADHROBNE. RESURRECTION MATINS. DIVINE
LITURGY.

BLESSING OF EASTER BASKETS

**Субота 04 квітня, 2026 - ВЕЛИКДЕНЬ - ВОСКРЕСІННЯ ГНІХ
– ПАСХА**

8:00 Год. Вч. - НАДГРОБНЕ. ВОСКРЕСНА УТРЕННЯ.

БОЖЕСТВЕННА ЛІТУРГІЯ. ПОСВЯЧЕННЯ ВЕЛИКОДНІХ
КОШИКІВ.



SOROKOUSTY (praying for our deceased) – As part of our Christian obligations to show love and mercy to each other, we are also required to pray for all deceased - parents, children, friends, benefactors and even our 'enemies'. By praying for the departed, we contribute to the release of those souls who are suffering in Purgatory and help them to get to heaven where they can give thanks for their salvation. Every week during the Lent in our church will be conducting Sorokousty service for all deceased from your family. If you would like your deceased family members commemorated during these services, please submit to Fr. Alexander your envelope with the names clearly listed and your offering customarily made for the priest. We will pray together for them. The Sorokousty list will be posted and updated every week in the church bulletin during the Great Fast.



СОРОКОУСТИ (молитва за померлих)

Сорокоустами називаємо моління за померлих в часі Великого посту. Слово “сорокоуст” дослівно означає: сорок уст, себто моління 40 устами чи священиками. При відправі Парастасу чи Панахиди у часі сорокоустів читають диптихи, тобто списки померлих. Сьогодні згідно традиції на час посту записуємо імена близьких нам людей, які померли, у спеціальну книжечку “пом’яник” і даємо на сорокоусти. Впродовж цілого посту священик згадає ім’я усопшого у молитвах Церкви за людей, які відійшли у вічність. Служби за померлих нагадують думки молитов з чування при плащаниці перед Великоднем. Наша традиція старається в такий спосіб ототожнювати наш перехід від смерти в життя із переходом (“Пасхою”) Христа. В часі посту ми якраз роздумуємо над сенсом життя, приносимо свої жертви й за тих, хто уже відійшов до вічності. Це “свята і благочестива думка”: приносити “жертву про блага за мертвих, щоб вони звільнилися від гріха”. Св. Амвросій Медіолянський сказав про померлого друга: “Я його люблю і тому супроводжую його сльозами та молитвами в землю живих (Пс. 114, 9). І не покину його аж поки не запроваджу його туди, куди його заслуги взивають його – до святої гори Божої (Пс. 2, 6), де є вічне життя”. Якщо ви бажаєте, щоб під час цих богослужінь пом’янули ваших померлих родичів, будь ласка, надішліть свій конверт із чітким переліком імен і за нашим звичаєм з пожертвою для священика. Молитимемось разом за них. Список Сорокустів буде поміщено та оновлено щотижня в церковному бюлетені на протязі Великого посту.

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Sorokousty List**



GRYNYK FAMILY

**Ivan, Petro, Volodymyr, Olga, Julia, Ostap,
Ihor, Bohdan, Luba, Vasyl**

NOWICKI FAMILY

Dymtro, Mary, William, Helen, Peter, Anna

PELLEGRINO FAMILY

**Delores, Robert, Denice, Patrick, Florence.
Costic, Teresa, Sofie, Peter, Henry,
Alexander, Helen, Martha, Estelle,
Jonathan, Mary, Joseph, Lawrence, Anne.
Felix, Xavier, Marie, Valentine, Anna.
Franciszek, Marie, Łukasz, Wiesia.
Louis, Louis (Jr), Dorthy, Mary, Catherine.
Helen, William, Catherine.
William, Dorthy. Steven. Kate**

STINE (BYRD) FAMILY

**Leon, Mary Louise, Jack, Robert, Susan,
Ann, Jack, Johnnie, Carl, Mary, Joe, Joe,
Robert, Christine, John, Clarence,
Christina, William, Macy**

TKHORYK FAMILY

**Ivan, Olga, Maria, Mykhajlo, Volodymyr,
Andriy, Luba, Vasyl, Kateryna, Olga,
Kateryna, Ivan, Vasyl, Maria, Lesya, Ivan,
Ivanka**

TROY FAMILY

**William, Dorothy, Jacob, Mary, Mary,
Russell, Michael, Florence, Marcella,
Edmund, John, John Anthony, Myron,
Rosalie, Matthew, Helen, Vincent, Mildred,
Michelene, Matthew, Helen, Michael**